RUQAYYA GIBSON has touched the lives of students, athletes and coaches around the country with her inspirational style of coaching earning the name 1 Inspired Coach.

Coach Gibson has a personal mission to inspire everyone she encounters to find and achieve their own personal greatness. As a coach, Gibson has helped her athletes earn over 2 million dollars in scholarship funding allowing many of them to climb out of poverty and write their own futures regardless of their pasts. Gibson has led her team to win 5 consecutive District and Regional championships and 4 consecutive State top 3 team finishes. In addition to earning scholarships and winning championships she has helped her athletes learn to win in life.

As a former athlete, Gibson knows that a coach is like a third parent, so she takes every opportunity to help develop every student into community leaders. She believes a coach’s job is to teach life lessons not just sports skills. Gibson’s honors include being inducted on the Cy-Fair ISD Wall Of Fame, the 2014 Texas Track Coach of The Year, a Brooks Inspiring Coach, and 2018 Vype Magazine Coach of The Year. Gibson is a dynamic keynote speaker who says that “belief in oneself and effort are the best predictors of success.” Her Championship Productions coaching education video on Sprints and “mindsetting” is available for purchase. Her book “Go Over The Edge” is available for pre-order. In this book Coach Gibson uses sports to teach valuable lessons about life and limitations…or the lack thereof. Gibson says that through sports we learn that with proper practice we can push our limits until they no longer exist.